

Saintly Notes

St. Paraskeva of Rome (July 26)

Haraskeva was born in Rome of Christian parents and from her youth was instructed in the Faith of Christ. With great fervency, St. Paraskeva endeavored to fulfill all the commandments of God in her life. Believing strongly and living according to her faith, Paraskeva directed others on the path [of salvation] with the help of the True Faith and pious living.

When her parents died Paraskeva distributed all of her property to the poor and was tonsured a nun. As a nun she preached the Faith of Christ with an even greater zeal, not hiding from anyone, even though at that time the Roman authorities bloodily persecuted the Faith of Christ. First the pernicious Jews accused St. Paraskeva of preaching the prohibited Faith. She was brought to trial before Emperor Antoninus. All the flatteries of the emperor did not help in the least to cause her to waver in the Faith. They then subjected her to fiery torments and placed a red-hot helmet on her head. The Lord miraculously saved her and Paraskeva was delivered and left Rome.

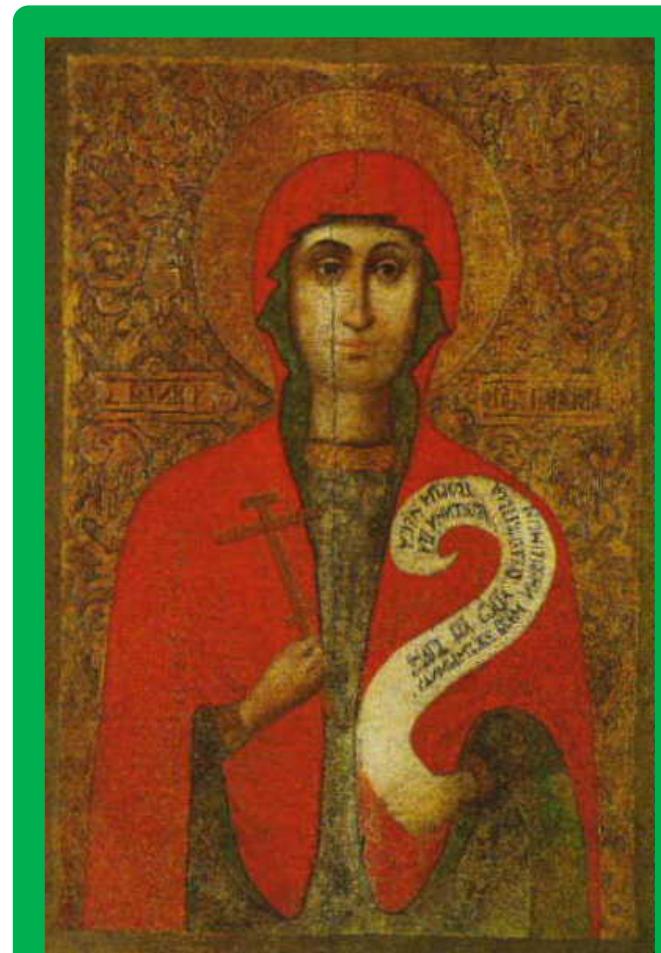
She again traveled from city to city to convert the pagan people there to the True Faith. In two more cities she was brought before princes and judges and was tortured for her Lord, at the same time working great miracles and by the power of God quickly recuperated from her pains and wounds. The pagans, as always, ascribed her miracles to magic and her power of recovery to the mercy of their gods. St. Paraskeva once said to the prince who tortured her: "It is not your gods, O prince, who healed me but my Christ the True God."

Finally Prince Tarasius beheaded her. Thus this saint gloriously ended her fruitful life. Her relics were later translated to Constantinople. She suffered honorably for Christ in the second century.

(*The Prologue from Ochrid*, Birmingham, 1985, Lazarica Press)

Venerable Virgin-Martyr Paraskeva of Rome

July 26, 2009



St. Paraskeva of Rome

Venerable Virgin -Martyr Paraskeva of Rome

All Saints Orthodox Church, Raleigh NC
(www.all saintsnc.org)
919-859-1332

The V. Rev. Nicholas R. A. Sorensen, Archpriest
The Rev. Philip Pelikan, Priest
The Rev. David Keim, Deacon

July 26, 2009

The Saints Whom We Remember Today

Hieromartyr Hermolaos of Nicomedia;

Venerable Gerontios, first settler of St. Anne skete on Athos; Moses the Hungarian; Sabbas III, archbishop of Serbia; Priest Jacob, enlightener of the peoples of Alaska

This Week's Schedule

Today:	9:00a Orthros; 10:00a Typika w/Distrubution of the Holy Gifts
Monday-Fri:	Church Office Closed: Fr. Nicholas Away
Wednesday:	6:30p Daily Vespers
Saturday:	5:30p Great Vespers
Sunday:	9:00a Orthros; 10:00a Typika w/Distrubution of the Holy Gifts

Third Antiphon

Troparion of the Resurrection
Tone 6

When Mary stood at Thy grave, looking for Thy sacred body, angelic powers shone above Thy revered tomb; and the soldiers who were to keep guard became as dead men. Thou led Hades captive and wast not tempted thereby. Thou didst meet the Virgin and didst give life to the world, O Thou, Who art risen from the dead, O Lord, glory to Thee.

Entrance Hymn

Come, let us worship . . . Alleluia.

Troparion
for the Resurrection—Tone 6

See above.

Kontakion

for Ordinary Sundays—Tone 2

O Protection of Christians that is not put to shame, unchanging Mediation before the Creator, despise not the voice of the sinners' prayer, but in that thou art good, come quickly to help us who call upon thee in faith. Make speed to intercede and make haste to supplicate, O Theotokos, who dost ever protect those that honor thee.

The Trisagion

Holy God . . . Alleluia.

Scripture

for today and next Sunday

Today: (See insert)

Next Sunday:

Epistle: Cor. 1:10-17

Gospel: Matt. 14:14-22

Alegalynarion

Tone 7

It is truly meet . . .

Communion Hymn

Tone 8

Praise the Lord . . . Alleluia.

Post-Communion Hymn

Tone 2

We have seen the true light . . .

Parish Notes

Altar Servers Today

Nicholas Christopoulos, Christian Christopoulos, William Christopoulos, Christopher Wingenbach, Ilya Moundous, Gabriel Pope.

Special Attention

- **Vacation Worship.** Remember that vacation time is not a time to avoid worship. Fr. Nicholas can give you a

list of churches in the area where you will be vacationing. If you cannot get to a church, do morning prayers together with your spouse or family, and don't forget to pray before meals. If you will be gone for an extended period of time, mailing envelopes for your financial worship of God are also available on the narthex table.

- **While Father Nicholas is Away.** Father Nicholas will be away from July 20th through August 4th. During this time if there is a real **emergency**, please call Deacon David 919-388-7962. All scheduled services at All Saints will be prayed with the exception of Third Hour Prayer on Wednesday mornings. Please pray for Fr. Nicholas and Kh. Barbara as they travel and especially that God grant a successful and peaceful Archdiocese Convention in California.
- **Building Project.** If the bank agrees to loan us the money we will begin our project this year. Ground breaking may be late fall or early winter. These are exciting times for us at All Saints, and times when it is very important that we don't forget to offer our financial resources to the Lord for both the general operating budget of our church as well as the building fund. Even more important are your prayers to God to bless our project and to accept it as our offering of praise to Him.



Today's Epistle and Gospel Readings

Prokeimenion:

God is wondrous in His saints.

Bless God in the congregations.

†Epistle: Gal. 3:23—4:5 (RSV)

Brethren, before faith came, we were confined under the Law, kept under restraint until faith should be revealed. So that the Law was our custodian until Christ came, that we might be justified by faith. But now that faith has come, we are no longer under a custodian; for in Christ Jesus you are all sons of God, through faith. For as many of you as were baptized into Christ have put on Christ. There is neither Jew nor Greek, there is neither slave nor free, there is neither male nor female; for you are all one in Christ Jesus. And if you are Christ's, then you are Abraham's offspring, heirs according to promise. I mean that the heir, as long as he is a child, is no better than a slave, though he is the owner of all the estate; but he is under guardians and trustees until the date set by the father. So with us; when we were children, we were slaves to the elemental spirits of the universe. But when the time had fully come, God sent forth His Son, to redeem those who were under the Law, so that we might receive adoption as sons.

†Gospel: Matt. 9:27–35 (RSV)

At that time, as Jesus passed on from there, two blind men followed him, crying aloud: "Have mercy on us, Son of David." When He entered the house, the blind men came to Him; and Jesus said to them, "Do you believe that I am able to do this?" They said to Him, "Yes, Lord." Then He touched their eyes, saying, "According to your faith be it done to you." And their eyes were opened. And Jesus sternly charged them, "See that no one knows it." But they went away and spread His fame through all that district. As they were going away, behold, a dumb demoniac was brought to Him. And when the demon had been cast out, the dumb man spoke; and the crowds marveled, saying, "Never was anything like this seen in Israel." But the Pharisees said, "He casts out demons by the prince of demons." And Jesus went about all the cities and villages, teaching in their synagogues and preaching the gospel of the kingdom, and healing every disease and every infirmity.

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A Word from Our Fathers

“Those who submit to the Lord with simple heart will run the good race.

If they keep their minds on leash they will not draw the wickedness of demons onto themselves.”

“A man should know that a devil’s sickness is on him if he is seized by the urge in conversation to assert his opinion, however correct it may be. If he behaves this way while talking to his equals, then a rebuke from his seniors may heal him.

But if he carries on in this way with those who are greater and wiser than he, his sickness cannot be cured by human means.”

(St. John Climacus)

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