

Paschal Season 2009

All Saints Orthodox Church
Raleigh, North Carolina

Paschal Greeting in Various Languages

In our parish we have many ethnic groups who have come together to form a truly American Orthodox community. During the Easter season, we especially want to thank God for the preservation of the Christian Faith within our various ethnic homelands. To do this we have a custom of speaking the paschal greeting in several of the more common languages represented within our parish. To help you respond in the correct language, we have very imperfectly attempted to phonetically present the greetings and responses in the languages we will be using today.

English

Greeting: **Christ is Risen!**

Response: **Truly, He is Risen!**

Greek

Greeting: **Krees-tós a-nés-ti**

Response: **A-lay-thós a-nés-ti**

Romanian

Greeting: **Krees-tós ah an-vee-áht**

Response: **Ah-de-vah-ráht an-vee-áht**

Slavonic

Greeting: **Krees-tós voz-krés-see**

Response: **Vi-yeé-shin-ya voz-krés-see**

Arabic

Greeting: **El meh-seé-hah kam**

Response: **Hák-kan kam**

Tigrinya

Greeting: **Krís-tos Ten-sái**

Response: **Krís-tos Ten-sái**

Armenian

Greeting: **Krees-tós har-yáv ee mer-ra-lótz**

Response: **Orn-yál eh har-root-yún Krees-tos-seé**

Danish

Greeting: **Krís-tus er Óp-stan-den**

Response: **San-dé-lig er han Óp-stan-den**

3rd Sunday of Pascha

(Commemoration of the Myrrh-Bearing Women,
Pious Joseph of Arimathea & Righteous Nicodemus)

May 3, 2009



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(Commemoration of the Myrrh-Bearing Women,
Pious Joseph of Arimathea & Righteous Nicodemus)

All Saints Orthodox Church, Raleigh NC
(www.allsaintsnc.org)
919-859-1332

The V. Rev. Nicholas R. A. Sorensen, Archpriest
The Rev. Philip Pelikan, Priest
The Rev. David Keim, Deacon

May 3, 2009

The Saints Whom We Remember Today

Martyrs Timothy the reader and his wife Maura of Egypt;
Peter, archbishop of Argolis; Ekumenios, bishop of Trikala;
Venerable Luke of Mt. Stirion

This Week's Schedule

Today: 8:00a Orthros; 9:00a Church School; 10:00a Divine Liturgy
Monday: Church Office Closed; 7:00p OBF Groups
Tuesday: 7:00p St. Thekla (Strange Home)
Wednesday: 9:15a Third Hour Prayers; 6:30p Vespers
Thursday: 6:30p Eve. Div. Liturgy for St. John the Evangelist
Saturday: 5:30p Great Vespers
Sunday: 8:00a Orthros; 9:00a Church School; 10:00a Divine Liturgy

Third Antiphon

Let God arise, and let His enemies be scattered, and let those who hate Him flee from before His face.

Refrain: Christ is risen from the dead, trampling down death by death; and upon those in the tombs, bestowing life!

Verse: As smoke vanisheth, so let them vanish; as wax melteth before the fire.
(Refrain)

Verse: So let sinners perish at the presence of God, and let the righteous be glad. (Refrain)

Verse: This is the day which the Lord hath made; let us rejoice and be glad therein.
(Refrain)

Entrance Hymn

In the gathering places bless ye God the Lord from the springs of Israel. O Son of God, who didst rise from the dead, save us, who sing unto Thee. Alleluia.

Troparion for the Resurrection—Tone 2

When Thou didst submit Thyself unto death, O Thou deathless and immortal One, then Thou didst destroy Hell with Thy Godly power. And when Thou didst raise the dead from beneath the earth, all the powers of heaven did cry aloud unto Thee: O Christ, Thou giver of life, glory to Thee.

Troparion

for Joseph of Arimathea—Tone 2

The pious Joseph, having brought down Thy pure body from the Tree, wrapped it in fine linen, embalmed it with ointment, provided for it, and laid it in a new tomb. But Thou didst verily rise after three days, O Lord, granting the world Great Mercy.

Troparion

for the Myrrh-Bearing Women
Tone 2

Verily, the angel came to the tomb and said to the ointment-bearing women, the ointment is meet for the dead, but Christ is shown to be remote from corruption. But cry ye: The Lord is risen, granting the world the Great Mercy.

Troparion

Of All Saints—Tone 4

As with fine porphyry and royal purple Thy Church has been adorned with Thy martyr's blood shed throughout all the world. She cries to Thee, O Christ God, send down Thy bounties on Thy people, grant peace to Thy habitation and great mercy to our souls.

Kontakion

for Pascha—Tone 8

O Immortal One, when Thou didst descend into the tomb, Thou didst destroy the power of Hades; and Thou didst rise victorious, O Christ God. Thou hast said to the ointment-bearing women: Rejoice! And Thou gavest peace to Thy Disciples, O Bestower of Resurrection to those Who had fallen.

The Trisagion

Holy God, Holy Mighty, Holy Immortal . . .

Epistle and Gospel Readings

Today: (See insert)

Next Sunday:

Epistle: Acts 9:32–42

Gospel: John 5:1–15

Alegalynarion

Tone 1

The angel spake to her that is full of grace, saying, O pure Virgin, rejoice; and I say also, Rejoice; for thy Son is risen from the tomb on the third day.

Shine, shine, O new Jerusalem; for the glory of the Lord hath risen upon thee. Rejoice and exult now, O Zion, and thou, O pure one, Theotokos, rejoice at the Resurrection of thy Son.

Communion Hymn

Tone 4

Receive ye the body of Christ; taste ye the Fountain of immortality. Alleluia.

Post-Communion Hymn

Christ is Risen from the dead, . . .

Parish Notes

Altar Servers Today

Nicholas Christopoulos, Christian Christopoulos, William Christopoulos, Christopher Wingenbach, Ilya Moundous, Gabriel Pope.

Special Attention

- **Bring in Your Food for the Hungry Collection Boxes**
- **Special Pascha Offering.** The Pascha offering this year will be used to begin a special fund for the Pantocrator Icon that will be **written** in the dome of our new nave.

Epistle and Gospel Readings

Prokeimenion:

The Lord is my strength and my song.

The Lord has chastened me severely.

†**Epistle: Acts 6:1–7 (RSV)**

In those days, when the disciples were increasing in number, the Hellenists murmured against the Hebrews because their widows were neglected in the daily distribution. And the Twelve summoned the body of the disciples and said, “It is not right that we should give up preaching the word of God to serve tables. Therefore, brethren, pick out from among you seven men of good repute, full of the Spirit and of wisdom, whom we may appoint to this duty. But we will devote ourselves to prayer and to the ministry of the word.” And what they said pleased the whole multitude, and they chose Stephen, a man full of faith and of the Holy Spirit, and Philip, and Prochorus, and Nicanor, and Timon, and Parmenas, and Nicolaos, a proselyte of Antioch. These they set before the apostles, and they prayed and laid their hands upon them. And the word of God increased; and the number of the disciples multiplied greatly in Jerusalem, and a great many of the priests were obedient to the faith.

†**Gospel: Mark 15:43—16:8 (RSV)**

At that time, Joseph of Arimathea, a respected member of the council, who was also himself looking for the Kingdom of God, took courage and went to Pilate, and asked for the body of Jesus. And Pilate wondered if He were already dead; and summoning the centurion, he asked him whether Jesus was already dead. And when he learned from the centurion that He was dead, he

granted the body to Joseph. And he bought a linen shroud, and taking Him down, wrapped Him in the linen shroud, and laid Him in a tomb, which had been hewn out of the rock; and he rolled a stone against the door of the tomb. Mary Magdalene and Mary the mother of Joses saw where He was laid. And when the Sabbath was passed, Mary Magdalene, Mary the mother of James, and Salome, bought spices so that they might go and anoint Him. And very early on the first day of the week they went to the tomb when the sun had risen. And they were saying to one another, “Who will roll away the stone for us from the door of the tomb?” And looking up, they saw that the stone was rolled back—it was very large. And entering the tomb, they saw a young man sitting on the right side, dressed in a white robe; and they were amazed. And he said to them, “Do not be amazed; you seek Jesus of Nazareth, Who was crucified. He has risen, He is not here; see the place where they laid Him. But go, tell His Disciples and Peter that He is going before you to Galilee; there you will see Him, as He told you.” And they went out and fled from the tomb; for trembling and astonishment had come upon them; and they said nothing to anyone, for they were afraid.

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A Word from Our Fathers

“A full stomach dries up one’s weeping, whereas the shriveled stomach produces these tears. And the man who looks after his belly and at the same time hopes to control the spirit of fornication is like someone trying to put out a fire with oil.”

“If leather bottles are kept supple, they can hold more; but they do not hold so much if they are neglected. The man who stuffs food into his stomach expands his insides, whereas the man who fights his stomach causes it to shrink, and once it has shrunk there is no possibility of overeating, so that henceforth one fasts quite naturally.”

(St. John Climacus)

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