

Saintly Notes

Venerable-Martyr Eudokia of Heliopolis (March 1)

The venerable martyr Eudokia lived in the Phoenician city of Heliopolis during the reign of Trajan. Eudokia was a great debaucher at first. After that she was a penitent, ascetic, and finally a martyr. Through her debauchery she amassed a great fortune.

The change in her life came about inadvertently through God's Providence and a certain elder, the monk Herman. Coming into the city on assignment, he resided at the home of a Christian whose house was adjacent to that of Eudokia. In the evening and according to monastic tradition, he began to recite the Psalter and to read a chapter on the dreadful judgment. Eudokia heard him and attentively eavesdropped on his words to the end. Fear and terror overcame her, and she remained awake until dawn. At daybreak, she sent her servant to beseech the monk to come to her. Herman came and a lengthy conversation took place between them about faith and salvation in general.

As a result of the conversation, Eudokia petitioned the local bishop to baptize her. Following her baptism, Eudokia bequeathed her entire estate to the Church to be distributed among the poor. She dismissed her servants and slaves and withdrew to a convent. Thus, Eudokia resolved to dedicate herself to the monastic life, obedience, patience, long vigils, prayer and fasting. After thirteen months, Eudokia was elected abbess. Eudokia lived in the convent for fifty-six years and was found worthy before God. He endowed her with much grace so that she raised even the dead.

When the persecution of Christians began under Prince Vincent, St. Eudokia was beheaded. Eudokia is a glorious example of how a vessel of impurity can be purified, sanctified and filled with the Grace of the Holy Spirit, the precious odor of heaven.

(Prologue from Ochrid, 1985 Birmingham, Lazarica Press)

Sunday of Forgiveness (Cheese Fare)

March 1, 2009



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(Cheese Fare)

All Saints Orthodox Church, Raleigh NC
(www.allsaintsnc.org)
919-859-1332

The V. Rev. Nicholas R. A. Sorensen, Archpriest
The Rev. Philip Pelikan, Priest
The Rev. David Keim, Deacon

March 1, 2009

The Saints Whom We Remember

Venerable-martyr Eudokia of Heliopolis; Venerable Domnina of Syria;
Martyrs Markellos and Anthony of Pamphylia;
Venerable Agapios of Vatopedi monastery on Athos;
Venerable David of Wales, bishop of Menevia

This Week's Schedule

Today: 8:00a Orthros; 9:00a Church School; 10:00a Divine Liturgy;
5:30p Forgiveness Vespers
Monday: Great Lent Begins; Church Office Closed; 6:30p Great Canon
Tuesday: 6:30 Great Canon
Wednesday: 9:15a Third Hour Prayer; 6:30p Presanctified Lit; 8:00p Lenten Supper
Thursday: 6:30p Great Canon
Friday: 6:30p Akathist
Saturday: 5:30p Great Vespers
Sunday: 8:00a Orthros; 9:00a Church School; 10:00a Divine Liturgy;
5:30p Orthodox Sunday Vespers (All Saints)

Third Antiphon

Troparion of the Resurrection
Tone 4

Having learned the joyful message of the Resurrection from the angel the women disciples of the Lord cast from them their parental condemnation. And proudly broke the news to the Disciples, saying, Death hath been spoiled; Christ God is risen, granting the world Great Mercy.

Entrance Hymn

Come, let us worship and fall down before Christ. Save us, O Son of God, Who art risen from the dead; who sing to Thee. Alleluia.

Troparion

of the Resurrection—Tone 4

See above

Troparion

for All Saints—Tone 4

As with fine porphyry and royal purple Thy Church has been adorned with Thy martyr's blood shed throughout all the world. She cries to Thee, O Christ God, send down Thy bounties on Thy people, grant peace to Thy habitation and great mercy to our souls.

Kontakion

for Forgiveness Sunday—Tone 6

O Thou Who guidest to wisdom, and givest understanding and intelligence, the Instructor of the ignorant, and Helper of the poor, strengthen my heart and grant it understanding, O Master. Give me word, O Word of the Father; for behold, I shall not refrain my lips from crying to Thee, O merciful One, have mercy upon me who am fallen.

The Trisagion

Holy God, Holy Mighty, Holy Immortal . . .

Epistle and Gospel

Today and Next Sunday

Today: (See insert)

Next Sunday:

Epistle: Heb. 11:24–26; 32–40

Gospel: John 1:43–51

Agalynarion

Tone 8

It is truly meet and right to bless thee . . .

Communion Hymn

Tone 8

Praise ye the Lord from the heavens; praise Him in the highest. Alleluia.

After Communion

We have seen the true light . . .

Parish Notes

Altar Servers Today

Nicholas Christopoulos, Christian Christopoulos, William Christopoulos, Christopher Wingenbach, Ilya Moundous, Gabriel Pope.

Special Attention

- **Estimated Giving Forms.** Please complete your **Estimated Giving Form**. The completed form can be given to Ron Evancho (All Saints Financial Secretary), or to Ray Azrak, or may be left in the weekly offering in an envelope labeled "Estimated Giving Form."
- **This Week (Starting Monday) We Begin the Great Lenten Fast.** For those who are able this week should be kept as a strict fast.
- **Services This Week.** Please note the schedule of services above. There will be a service every evening. It will make your Lenten journey more meaningful if you plan to attend as many as possible. Also note the **Lenten Supper** after the Wednesday Presanctified Liturgy
- **Forgiveness Vespers Will Be Prayed This Evening at 5:30p.** Please plan to attend. This is the proper way that all Orthodox Christians begin Great Lent.
- **Orthodoxy Sunday Vespers.** This year All Saints will host the Sunday evening Vespers for Orthodoxy Sunday. All the Orthodox parishes and people in the Raleigh/Durham area will be invited. The service will start at 5:30pm on Sunday March 8th and be followed by a coffee/snack time (our St. Thekla group will be in charge). Please make plans now to attend.

**Pascha
Will Be
Celebrated
April 19th**

Epistle and Gospel Readings

Prokeimenion:

Sing praises to our God, sing praises. Sing praises to our King, sing praises.

O clap your hands, all ye nations.

†Epistle: Rom. 13:11—14:4 (RSV)

Brethren, salvation is nearer to us now than when we first believed; the night is far gone, the day is at hand. Let us then cast off the works of darkness and put on the armor of light; let us conduct ourselves becomingly as in the day, not in reveling and drunkenness, not in debauchery and licentiousness, not in quarreling and jealousy. But put on the Lord Jesus Christ, and make no provision for the flesh, to gratify its desires. As for the man who is weak in faith, welcome him, but not for disputes over opinions. One believes he may eat anything, while the weak man eats only vegetables. Let not him who eats despise him who abstains, and let not him who abstains pass judgment on him who eats; for God has welcomed him. Who are you to pass judgment on the servant of another? It is before his own master that he stands or falls. And he will be upheld, for the Master is able to make him stand.

†Gospel: Matt. 6:14–21 (RSV)

The Lord said to His Disciples: If you forgive men their trespasses, your heavenly Father also will forgive you; but if you do not forgive men their trespasses, neither will your Father forgive your trespasses. And when you fast, do not look dismal, like the hypocrites, for they disfigure their faces that their fasting may be seen by men. Truly, I say to you, they have received their reward. But when you fast, anoint your head and wash your face, that your fasting may not be seen by men but by your Father Who is in secret; and your Father Who sees in secret will reward you. Do not lay up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal, but lay up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there will your heart be also.

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**A Word
from Our Fathers**

“Enter into the Church and wash away your sins. For here there is a hospital and not a court of law. Do not be ashamed again to enter the Church; be ashamed when you sin, but not when you repent.”

“Did you commit sin? Enter the Church, repent for your sin, for here is the physician, not the judge. Here one is not investigated; one receives remission of sins.”

(St. John Chrysostom)

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