

## Saintly Notes

### Martyr Tryphon of Syria (February 1)

**T**ryphon was born of poor parents in the village of Lampsacus in Phrygia. In his childhood he tended geese. Also from his childhood he was able to cure illnesses that afflicted people and livestock and was able to expel evil spirits.

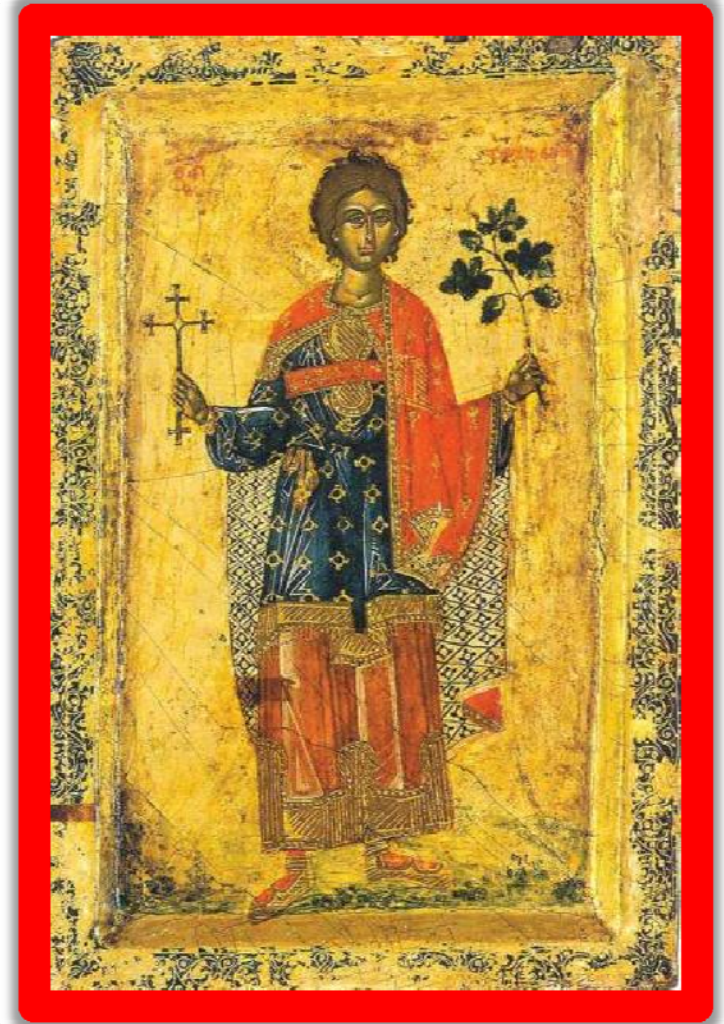
The Roman Empire at that time was ruled by Emperor Gordian whose daughter Gordiana went insane and this caused her father great sorrow. All the physicians were unable to help Gordiana. The evil spirit spoke through Gordiana and said that no one can cast him out except Tryphon. After many who were named Tryphon in the empire were summoned, by Divine Providence, young Tryphon was also summoned. He was brought to Rome and he healed the emperor's daughter. The emperor lavished upon him many gifts all of which Tryphon, upon his return, distributed to the poor.

In his village this holy youngster continued to tend geese and to pray to God. When Decius, the Christ-persecutor, was crowned emperor, Saint Tryphon was tortured and cruelly tormented for Christ. He endured all tortures with great joy saying: "Oh! If only I could be made worthy to die by fire and pain for the Name of the Lord and God, Jesus Christ!" All sufferings did him no harm and finally the tormentors sentenced him to be beheaded. Before his death Tryphon prayed to God and gave up his soul to his Creator in the year 250 A.D.

*(Prologue from Ochrid, 1985 Birmingham, Lazarica Press)*

## Martyr Tryphon of Syria & Sunday of the Canaanite Woman

February 1, 2009



St. Tryphon

# Martyr Tryphon of Syria and Sunday of the Canaanite Woman

All Saints Orthodox Church, Raleigh NC  
(www.allsaintsnc.org)  
919-859-1332

The V. Rev. Nicholas R. A. Sorensen, Archpriest  
The Rev. Philip Pelikan, Priest  
The Rev. David Keim, Deacon

February 1, 2009

## The Saints Whom We Remember

Venerable Demetrios; New-martyr Auxentios of Constantinople

## This Week's Schedule

**Today:** 8:00a Orthros; 9:00a Church School; 10:00a Divine Liturgy  
**Monday:** Church Office Closed; 6:30p Divine Liturgy for the Presentation of Our Lord  
**Wednesday:** 9:15a Third Hour Prayer; 6:30p Vespers  
**Friday:** Church Office Closed  
**Saturday:** 1:30p Baptism; 5:30p Great Vespers  
**Sunday:** 8:00a Orthros; 9:00a Church School; 10:00a Divine Liturgy

## Third Antiphon

Troparion of the Resurrection  
Tone 8

From the heights Thou didst descend, O compassionate One, and Thou didst submit to the three-day burial, that Thou might deliver us from passion; Thou art our Life and our Resurrection, O Lord, glory to Thee.

## Entrance Hymn

Come, let us worship and fall down before Christ. Save us, O Son of God, Who art risen from the dead; who sing to Thee. Alleluia.

## Troparion

of the Resurrection—Tone 8

See above.

## Troparion

of the Fore-feast of the Presentation  
Tone 1

The Heavens' choirs looked down from the vaults of the Heavens, and gazing on the earth, they beheld with amazement the First-born of all creation brought forth as a suckling babe to the Temple by a pure and virginal mother; and with us, they now do sing a hymn for the Fore-feast, astonished and full of awe.

## Troparion

of St. Tryphon—Tone 4

Thy martyr, Tryphon, O Lord, in his courageous contest for Thee received as the prize the crowns of incorruption and life from Thee, our immortal God. For since he possessed Thy strength, he cast down the tyrants and wholly destroyed the demons' strengthless presumption. O Christ God, by

his prayers, save our souls, since Thou art merciful.

## Troparion

for All Saints—Tone 4

As with fine porphyry and royal purple Thy Church has been adorned with Thy martyr's blood shed throughout all the world. She cries to Thee, O Christ God, send down Thy bounties on Thy people, grant peace to Thy habitation and great mercy to our souls.

## Kontakion

for Presentation of Christ—Tone 1

Thou, O Christ God, Who by Thy Birth, didst sanctify the Virgin's womb, and, as it meet, didst bless Simeon's arms, and didst also come to save us; preserve Thy fold in wars, and confirm them whom Thou didst love, for Thou alone art the Lover of mankind.

## The Trisagion

Holy God, Holy Mighty, Holy Immortal . . .

## Epistle and Gospel

Today and Next Sunday

Today: (See insert)

Next Sunday:

*Epistle:* 2 Tim. 3:10–15

*Gospel:* Luke 18:10–14

## Alegalynarion

Tone 8

It is truly meet and right to bless thee . . .

## Communion Hymn

Tone 8

Praise ye the Lord from the heavens; praise Him in the highest. Alleluia.

## After Communion

We have seen the true light . . .

## Parish Notes

### Altar Servers Today

Steven Wynne, Matthew Wynne, Del Dillard, Noah Keim, Micah Keim, Johannes Kibret, Nicholas Kliewer, Roger Jones.

### Special Attention

- **Estimated Giving Forms.** Please complete your **Estimated Giving Form**. The completed form can be given to Ron Evancho (All Saints Financial Secretary), or to Ray Azrak, or may be left in the weekly offering in an envelope labeled "Estimated Giving Form."
- **Mother Magdalena to Visit.** We will have the privilege of hosting Mother Magdalena from the Monastery of the Transfiguration in Elwood City, PA on Wednesday, February 18 at 6:30pm. Mother Magdalena will speak to us during a coffee hour following the Daily Vespers service. There will also be a time for questions and answers. This is a wonderful opportunity to meet and speak with this very articulate and wise monastic mother who is from the same monastery as our own Sister Mary. Please plan now to attend.
- **Sermons at All Saints.** Selected homilies which were given at All Saints have been published and are available (free) in the Narthex by the book store table. If you do not find a copy that you want please speak to Fr. Nicholas.

## Epistle and Gospel Readings

### **Prokeimenion:**

In the Saints that are in His earth  
hath the Lord wrought wonders.

*Bless ye God in the congregations.*

### †**Epistle: Rom. 8:28–39 (RSV)**

Brethren, we know that in everything God works for good with those who love Him, who are called according to His purpose. For those whom He foreknew He also predestined to be conformed to the image of His Son, in order that He might be the first-born among many brethren. And those whom He predestined He also called; and those whom He called He also justified; and those whom He justified He also glorified. What then shall we say to this? If God is for us, who is against us? He Who did not spare His own Son but gave Him up for us all, will He not also give us all things with Him? Who shall bring any charge against God's elect? It is God Who justifies; who is to condemn? Is it Christ Jesus, Who died, yes, Who was raised from the dead, Who is at the right hand of God, Who indeed intercedes for us? Who shall separate us from the love of Christ? Shall tribulation, or distress, or persecution, or famine, or nakedness, or peril, or sword? As it is written, "For Thy sake we are being killed all the day long; we are regarded as sheep to be slaughtered." No, in all these things we are more than conquerors through Him Who loved us. For I am sure that neither death, nor life, nor angels, nor principalities, nor things present, nor things to come, nor powers, nor

height, nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.

### †**Gospel: Matt. 15:21–28 (RSV)**

At that time, Jesus went away to the district of Tyre and Sidon. And behold, a Canaanite woman from that region came out and cried, "Have mercy on me, O Lord, Son of David; my daughter is severely possessed by a demon." But Jesus did not answer her a word. And His disciples came and begged Him, saying, "Send her away, for she is crying after us." Jesus answered, "I was sent only to the lost sheep of the house of Israel." But she came and knelt before Him, saying, "Lord, help me." And Jesus answered, "It is not fair to take the children's bread and throw it to the dogs." She said, "Yes, Lord, yet even the dogs eat the crumbs that fall from their masters' table." Then Jesus answered her, "O woman, great is your faith! Be it done for you as you desire." And her daughter was healed at that very hour.

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**A Word  
from Our Fathers**

“The beginning of salvation consists in rejecting your own will and understanding and doing the will of God.”

“The Godly-wise fathers teach us that it is always better to reproach ourselves and in every unpleasant situation to lay the blame on ourselves, and not on others. Then we will find rest and spiritual peace, and we will hold fast to the true path to salvation.”

*(St. Ambrose of Optina)*

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