

## Saintly Notes

### Venerable Theodosios of Philotheou Monastery on Athos (January 11)

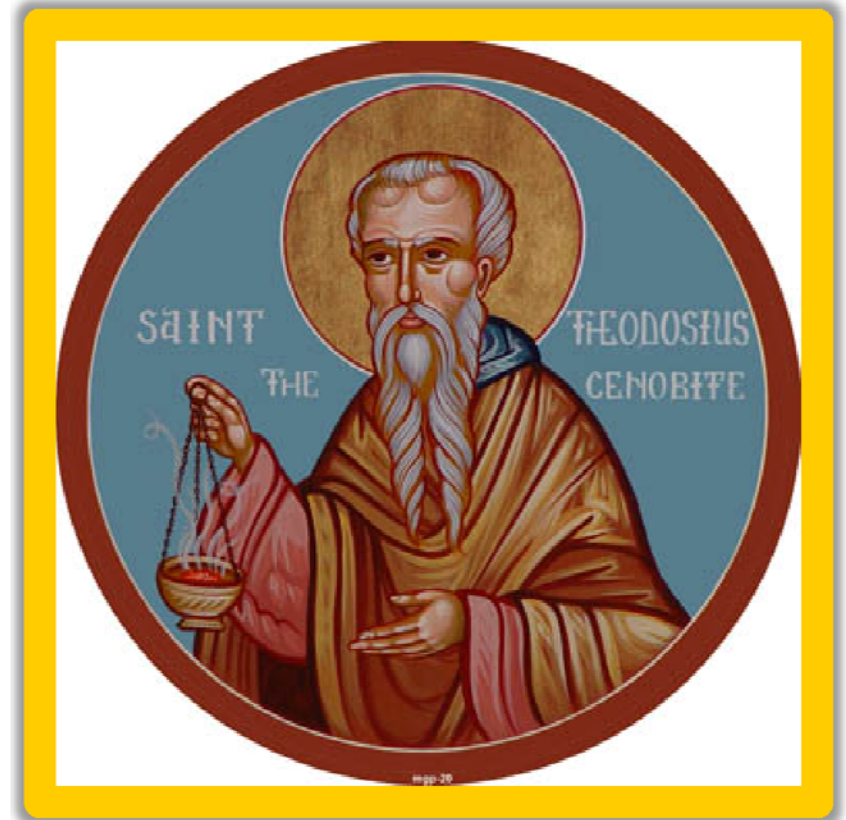
**T**heodosios was the first founder and organizer of the cenobitic way of monastic life. He was born in the province of Cappadocia in the village of Mogarissus of devout parents. As a child, he visited St. Simeon the Stylite who blessed him and prophesied great and spiritual honors about him.

With a thurible [censer] in which he placed unburned charcoal and incense, Theodosios sought out a place where he could settle and establish his monastery and stopped when the charcoal fired up on its own. Here, he settled and began to live the ascetical life. Soon, he gathered around him many monks of various nationalities. He built a church for each nationality so that, at the same time, services and hymns were offered to God in Greek, Armenian, Georgian, etc. But, on the day of Holy Communion, all the brotherhood gathered in the great church in which the Greek language was used. There was a communal table for all, communal property, communal penance, communal labor, communal patience and, not too rare, communal hunger.

Theodosios was an exalted model of life to all the monks; an example in labor, prayer, fasting, watchfulness and in all Christian virtues. God granted him the gift of working miracles by which he was able to heal the sick, to appear from a distance, to tame wild beasts, to discern the future and to cause bread and wheat to multiply. Prayer was on his lips day and night. He died peacefully in the Lord in the year 529 A.D., the one-hundred fifth year after his birth.

*(Prologue from Ochrid, 1985 Birmingham, Lazarica Press)*

Sunday after  
the Theophany of Christ  
January 11, 2009



Venerable Theodosios of Philotheou Monastery on Athos

## Sunday after the Theophany of Christ

All Saints Orthodox Church, Raleigh NC  
(www.allsaintsnc.org)  
919-859-1332

The V. Rev. Nicholas R. A. Sorensen, Archpriest  
The Rev. Philip Pelikan, Priest  
The Rev. David Keim, Deacon

January 11, 2009

### The Saints Whom We Remember

Venerable Theodosios of Philotheou monastery on Athos;  
Venerable Agapios of Apamea in Syria;  
Venerable Michael of Klops, fool-for-Christ

### This Week's Schedule

**Today:** 8:00a Orthros; 9:00a Church School; 10:00a Divine Liturgy  
**Monday:** Church Office Closed; 7:00p OBF Meetings  
**Tuesday:** 7:00p Parish Council  
**Wednesday:** 9:15a Third Hour Prayer; 6:30p Vespers  
**Thursday:** 6:00p Building Committee; 7:00p St. Thekla (Labrozzi Home)  
**Friday:** 6:30p Eve. Div. Liturgy for St. Anthony  
**Saturday:** 5:30p Chrismation/Great Vespers  
**Sunday:** 8:00a Orthros; 9:00a Church School; 10:00a Divine Liturgy

### Third Antiphon

#### Troparion of Theophany—Tone 1

O give thanks unto the Lord, for He is good;  
for His mercy endureth forever. Let the  
house of Israel now confess that He is good;  
for His mercy endureth forever. Let the  
house of Aaron confess that He is good; for  
His mercy endureth forever. Let them now  
who fear the Lord confess that He is good;  
for His mercy endureth forever.

**Troparion of Theophany:** When Thou, O  
Lord, wast baptized in the Jordan, worship  
of the Trinity wast made manifest; for the  
voice of the Father bore witness to Thee,  
calling Thee His beloved Son. And the Spirit  
in the form of a dove confirmed the truth of  
His word. O Christ our God, Who hath  
appeared and enlightened the world, glory to  
Thee.

### Entrance Hymn

Come, let us worship and fall down before  
Christ. Save us, O Son of God, Who art  
risen from the dead; who sing to Thee.  
Alleluia.

### Troparion

#### of the Resurrection—Tone 5

Let us believers praise and worship the  
Word; coeternal with the Father and the  
Spirit, born of the Virgin for our salvation.  
For He took pleasure in ascending the Cross  
in the flesh to suffer death; and to raise the  
dead by His glorious Resurrection.

### Troparion of Theophany—Tone 1

See above.

### Troparion

#### for St. Theodosios—Tone 8

The barren wilderness thou didst make  
fertile with the streams of thy tears; and by  
thy deep sighing thou hast given fruit  
through thy struggles a hundredfold.  
Accordingly, thou hast become a star for the  
universe, sparkling with miracles. Therefore,  
O righteous Father Theodosios, intercede  
with Christ God to save our souls.

### Troparion

#### for All Saints—Tone 4

As with fine porphyry and royal purple Thy  
Church has been adorned with Thy martyr's  
blood shed throughout all the world. She  
cries to Thee, O Christ God, send down Thy  
bounties on Thy people, grant peace to Thy  
habitation and great mercy to our souls.

### Kontakion

#### for Theophany—Tone 4

Today Thou hast appeared to the universe, O  
Lord, and Thy light hath been shed upon us,  
who praise Thee with knowledge, saying,  
Thou hast come and appeared, O  
unapproachable Light.

### The Trisagion

Holy God, Holy Mighty, Holy Immortal . . .

### Epistle and Gospel

#### Today and Next Sunday

Today: (See insert)

Next Sunday:

**Epistle:** Heb. 13:7–16

**Gospel:** Luke 17:12–19

### Alegalynarion

#### Tone 8

It is truly meet and right to bless thee . . .

### Communion Hymn

#### Tone 8

Praise ye the Lord from the heavens; praise  
Him in the highest. Alleluia.

### After Communion

We have seen the true light . . .

### Parish Notes

#### Altar Servers Today

Alexander Sieck, Alexander Haynes, Ethan  
Haynes, Rim Gibrealfa, John Pridgen, Jonah  
Sieck, Michael Fogg, Justin Fogg.

#### Special Attention

- **Estimated Giving Forms.** Please complete your **Estimated Giving Form.** *The completed form can be given to Ron Evancho (All Saints Financial Secretary), or to Ray Azrak, or may be left in the weekly offering in an envelope labeled "Estimated Giving Form."*
- **Epiphany House Blessings.** If you wish to have your house blessed this year please sign up for a time on the appropriate week when Father Nicholas is in your area. Sign up sheets with instructions are on the hall bulletin board.
- **Thank You! From All of Us to All of You!** On behalf of the whole Sorensen family, I want to thank all the members and friends of All Saints for their many expressions of love and Christmas blessings in 2008. We thank God for all of you and pray that God will bless y'all with a wonderful year of His Grace in A. D. 2009.

## Epistle and Gospel Readings

### **Prokeimenion:**

Precious in the sight of the Lord is the death of His saint.

*What shall we render to the Lord for all that He hath rendered unto us?*

### †**Epistle: Heb. 13:7–16 (RSV)**

Brethren, remember your leaders, those who spoke to you the Word of God; consider the outcome of their life, and imitate their faith.

Jesus Christ is the same yesterday and today and forever. Do not be led away by diverse and strange teachings; for it is well that the heart be strengthened by grace, not by foods, which have not benefited their adherents. We have an altar from which those who serve the tent have no right to eat. For the bodies of those animals whose blood is brought into the sanctuary by the high priest as a sacrifice for sin are burned outside the camp. So Jesus also suffered outside the gate in order to sanctify the people through His own blood.

Therefore, let us go forth to Him outside the camp and bear the abuse He endured. For here we have no lasting city, but we seek the city, which is to come.

Through Him then let us continually offer up a sacrifice of praise to God, that is, the fruit of lips that acknowledge His Name. Do not neglect to do good and to

share what you have, for such sacrifices are pleasing to God.

### †**Gospel: Matt. 4:12–17 (RSV)**

At that time, when Jesus heard that John had been arrested, he withdrew into Galilee; and leaving Nazareth he went and dwelt in Capernaum by the sea, in the territory of Zebulun and Naphtali, so that what was spoken by the prophet Isaiah might be fulfilled: “The land of Zebulun and the land of Naphtali, toward the sea, across the Jordan, Galilee of the Gentiles—the people who sat in darkness have seen a great light, and for those who sat in the region and shadow of death light has dawned.” From that time Jesus began to preach, saying, “Repent, for the kingdom of heaven is at hand.”

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**A Word  
from Our Fathers**

“If salvation is by grace, someone will say, ‘Why is it that we are not all saved?’ Because you did not will it. For grace, even though it be grace, saves [only] the willing, not those who are not willing and turn away from it and constantly fight against it and oppose themselves to it.”

*(St. John Chrysostom)*

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