

Saintly Notes

St. Euphrosynos the Cook (September 11)

Euphrosynos was a simple man, but a man of God. He served as the cook in an Amorean monastery in the ninth century.

One night, the spiritual father of this monastery saw himself in Paradise, and saw Euphrosynos there as well. Euphrosynos picked and gave him three apples from Paradise.

When the spiritual father awoke, he saw three unusually beautiful and fragrant apples by his pillow. He quickly found Euphrosynos and asked him: "Where were you last night, brother?" "I was where you were, father," the blessed God-pleaser replied. The spiritual father then revealed the entire incident to the monks, and all recognized the sanctity and godliness of Euphrosynos. But Euphrosynos, fearing the praise of men, immediately fled the monastery and hid in the wilderness, where he spent the remainder of his life.

(The Prologue from Ochrid)

Consecration of Our New Temple: Coming October 23, 2011



Sunday Before the Exaltation of the Holy Cross

(After -Feast of the Nativity of the Theotokos)

All Saints Orthodox Church, Raleigh NC
(www.allsaintsnc.org)
919-859-1332

The V. Rev. Nicholas R. A. Sorensen, Archpriest
The Rev. David Keim, Deacon

September 11, 2011

The Saints Whom We Remember

Venerable Theodora of Alexandria; Righteous Euphrosynos the Cook;
Martyrs Demetrios, Evanthia and Demetrianos;
translation of relics of Venerable Sergios and Herman of Valaam

This Week's Schedule

Today: 8:00a Orthros; 9:00a Church School; 10:00a Typika w/Reserved Sacrament
Monday: Church Office Closed.
Tuesday: 6:30p Eve. Div. Liturgy for the Exaltation of the Cross; 8:00p Potluck
Wednesday: 9:15a 3rd Hour Prayers; 6:30p Vespers
Saturday: 9:00a Women's Bible Study; 5:30p Great Vespers
Sunday: 8:00a Orthros; 9:00a Church School; 10:00a Divine Liturgy

First Antiphon

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Second Antiphon

Refrain: O Son of God, *Who art risen from the dead* save us who sing to Thee. Alleluia.

Third Antiphon

(Tone 4)

Here will I dwell, for I have desired it. The Most High hath sanctified His tabernacle. Holy is Thy temple, and wonderful in righteousness.

Troparion of the Nativity of the Theotokos: Thy nativity, O Theotokos, hath proclaimed joy to the whole world; for from thee hath dawned the Sun of Righteousness, Christ our God, annulling the curse and bestowing

the blessing, abolishing death and granting us life everlasting.

Little Entrance

† *Entrance Hymn:* "Come, let us worship and bow down before Christ . . . Alleluia."

† *Resurrectional Troparion (Tone 4)* Having learned the joyful message of the Resurrection from the angel the women disciples of the Lord cast from them their parental condemnation. And proudly broke the news to the Disciples, saying: Death hath been spoiled; Christ God is risen, granting the world Great Mercy.

† *Troparion of the Nativity of the Theotokos (Tone 4):* (See above)

† *Troparion of All Saints(Tone 4):* As with fine porphyry and royal purple Thy Church has been adorned with

Thy martyr's blood shed throughout all the world. She cries to Thee, O Christ God, send down Thy bounties on Thy people, grant peace to Thy habitation and great mercy to our souls.

† *Kontakion of the Nativity of the Theotokos (Tone 4):* By thy holy nativity, O pure one, Joachim and Anna were delivered from the reproach of barrenness; and Adam and Eve were delivered from the corruption of death; thy people do celebrate it, having been saved from the stain of iniquity, crying unto thee: The barren doth give birth to the Theotokos, who nourisheth our life.

The Trisagion

Holy God, Holy Mighty . . . Alleluia.

Scripture

for today and next Sunday

Today: (See insert)

Next Sunday (September 18):

Epistle: Gal. 2:16–20

Gospel: Mark 8:34—9:1

Agalynarion (Tone 8)

It is truly meet and right to bless thee . . .

Communion Hymn

(Tone 8)

Praise the Lord from the heavens . . .
Alleluia.

Post-Communion

Hymn

We have seen the true light . . .

Parish Notes

Altar Servers Today

William Christopoulos, Gabriel Pope,
Nicholas Kliewer, Benhur Samson,
Nathaniel Unah

Special Attention

- **Consecration of Our Temple, Altar, and Iconostasis.** Please mark the weekend of the 22nd and 23rd of October as an absolute "must attend." We would like our entire membership and all our friends to be present.
- **Thank God We Have Received Sufficient Donations to Complete the Iconostasis.**
- **Church School and Adult Class Starts Today**
- **Remember to Pray for All Who Are Suffering Due to the Recent Hurricane.**
- **Remember to Pray for All Those Who Lost Their Lives in the 9/11 Attack in 2001 and Also for Their Surviving Families.**
- **Church Etiquette—Entering and Leaving During the Service.** Except in the case of an emergency it is disrespectful to enter or leave the service during the readings of the Epistle and Gospel, the homily/sermon, or anytime that the Body and Blood of Christ are in the Nave (e.g. during the distribution of Holy Communion).
On some Sundays, it almost seems like we have a revolving door in the back of the church—and it is used by both children and adults. Use the restroom before coming to church. You shouldn't need to get a drink of water during the service (especially if you are taking Communion!). Don't come to church to go to the fellowship hall—come to pray.
Taking restless little ones out is a different matter. If a child is disruptive, take him/her quickly and quietly out of church, just long enough to settle him down, then return to Liturgy.
- **Women's Bible Study.** Saturday, Sept. 17th at 9:00a in Parish Hall. Please bring brunch dish and Bible.

Today's Epistle and Gospel Readings

Prokeimenon:

O Lord, save Thy people and bless
Thine inheritance.

*To Thee, O Lord, I have cried, O
my God.*

†Epistle: Gal. 6:11–18 (RSV)

Brethren, see with what large letters I am writing to you with my own hand. It is those who want to make a good showing in the flesh that would compel you to be circumcised and only in order that they may not be persecuted for the cross of Christ. For even those who receive circumcision do not themselves keep the Law, but they desire to have you circumcised that they may glory in your flesh. But far be it from me to glory except in the cross of our Lord Jesus Christ, by which the world has been crucified to me and I to the world. For neither circumcision counts for anything, nor uncircumcision, but a new creation. Peace and mercy be upon all, who walk by this rule, upon the Israel of God. Henceforth let no man trouble me; for I bear on my body the marks of Jesus. The grace of our Lord Jesus Christ be with your spirit, brethren. Amen.

†Gospel: John 3:13–17 (RSV)

The Lord said, "No one has ascended into heaven but He

who descended from heaven, the Son of man. And as Moses lifted up the serpent in the wilderness, so must the Son of man be lifted up, that whoever believes in Him should not perish but have eternal life. For God so loved the world that He gave His only Son, that whoever believes in Him should not perish but have eternal life. For God sent His Son into the world, not to condemn the world, but that the world might be saved through Him."

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A Word from Our Fathers

“LOVE, by its nature, is a resemblance to God, insofar as this is humanly possible. In its activity it is inebriation of the soul. Its distinctive character is to be a fountain of faith, an abyss of patience, a sea of humility.”

“IF THE SIGHT of the one we love clearly makes us change completely, so that we turn cheerful, glad, and carefree, what will the face of the Lord Himself not do as He comes to dwell, invisibly, in a pure soul?”

(St. John Climacus)

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