

Saintly Notes

Procession of the Precious and Life-Giving Cross (August 1)

This feast was instituted by a mutual agreement of the Greeks and Russians at the time of the Greek Emperor Manuel and the Russian Prince Andrew in commemoration of the simultaneous victories of the Russians over the Bulgarians and the Greeks over the Saracens.

In both of these battles, crosses were carried by the armies from which heavenly rays shone. It was therefore instituted that, on August 1, the Cross be carried first to the middle of the Church of the Divine Wisdom [Hagia Sophia] and after that, along the streets for the people to venerate as a commemoration of the miraculous help of the Cross in previous battles. This was not an ordinary cross but the true Honorable Cross which was kept in the church of the imperial court.

On July 31, the Honorable Cross was carried from the imperial court to the Church of the Holy Wisdom of God and from there it was carried along the streets for the consecration of the earth and the air. Finally, on August 14, it was again returned to the church of the imperial palace.

(The Prologue from Ochrid)



10th Sunday After Pentecost (Procession of the Precious and Life-Giving Cross)

All Saints Orthodox Church, Raleigh NC
(www.allsaintsnc.org)
919-859-1332

The V. Rev. Nicholas R. A. Sorensen, Archpriest
The Rev. Philip Pelikan, Priest
The Rev. David Keim, Deacon

August 1, 2010

The Saints Whom We Remember

The seven Maccabean youths, their mother Solomonias and Eleazar their teacher;
Venerable martyr Elessa of Kythera

This Week's Schedule

Today: *Dormition Fast Begins*; 9:00a Orthros; 10:00a Divine Liturgy
Monday: Church Office Closed; 6:30p Paraklesis
Tuesday: 6:30p Paraklesis
Wednesday: 9:15a 3rd Hour Prayer; 6:30p Daily Vespers/Paraklesis
Thursday: 6:30p Eve. Div. Liturgy for the Transfiguration; 8:00p Potluck
Friday: 6:30p Paraklesis
Saturday: 11:00a Baby Shower; 5:30p Great Vespers
Sunday: 9:00a Orthros; 10:00a Divine Liturgy

First Antiphon

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Second Antiphon

Refrain: Save us, O Son of God, *Who art risen from the dead*, who sing to Thee. Alleluia.

Third Antiphon (Tone 1)

Exalt ye the Lord our God, and worship at His footstool. O Lord, save Thy people and bless Thine inheritance. Feed them, and lift them up forever.

Troparion of the Holy Cross: O Lord, save Thy people and bless Thine

inheritance, granting to Thy people victory over all their enemies, and by the power of Thy Cross preserving Thy Kingdom.

Little Entrance

† *Entrance Hymn:* "Come, let us worship and bow down before Christ . . . Alleluia."

† *Troparion of the Resurrection (Tone 1):* While the stone was sealed by the Jews, and the soldiers were guarding Thy most pure body, Thou didst arise on the third day, O Savior, granting life to the world. For which cause the heavenly powers cried aloud unto Thee, O giver of life. Glory to Thy Resurrection O Christ, glory to Thy kingdom, glory to Thy

providence, O Thou Who alone art the lover of mankind.

† *Troparion for the Holy Cross (Tone 1):* (See above)

† *Troparion for All Saints (Tone 4):* As with fine porphyry and royal purple Thy Church has been adorned with Thy martyr's blood shed throughout all the world. She cries to Thee, O Christ God, send down Thy bounties on Thy people, grant peace to Thy habitation and great mercy to our souls.

† *Kontakion for the Holy Cross (Tone 4):* Do Thou, Who of Thine own good will wast lifted up upon the Cross, O Christ our God, bestow Thy bounties upon the new Nation which is called by Thy Name; make glad in Thy might those who lawfully govern, that with them we may be led to victory over our adversaries, having in Thine aid a weapon of peace and a trophy invincible.

The Anti-Trisagion

Before Thy Cross we bow down in worship, . . .

Scripture

for today and next Sunday

Today: (See insert)

Next Sunday:

Epistle: 1 Cor. 9:2-12
Gospel: Matt. 18:23-35

Alegalynarion

(Tone 8)

It is truly meet and right to bless thee. . .

Communion Hymn

Tone 8

Praise the Lord . . . Alleluia.

Post-Communion Hymn

We have seen the true light . . .

Parish Notes

Altar Servers Today

Matthew Wynne, Del Dillard, Noah Keim, Micah Keim, Roger Jones.

Special Attention

- **Building Project Update:** This past week the interior primer was applied to the walls in the education building and the doors were painted. In the nave the pilasters were framed and inspections were completed so that dry wall can be installed. Preparation for painting our old building was begun and we expect the small domes and dome crosses to arrive this week. The next open house walk through for the entire parish has been scheduled for August 22. Please make a special note on your calendars.

Our first Divine Liturgy in the new temple is still scheduled for October 3rd (if all goes as planned).

- **Ladies, Save This Date:** We will have our final annual summer Brunch and Bible Study session on August 14. We'll meet from 9-11:30 am.

Kh. Barbara

- **New Chairs for Our New Temple.** The collection for the new chairs has been wonderfully successful. The total number of chairs we will be able to purchase due to donations and pledges stands at 240. If you would still like to donate or pledge to help get us to our goal of 300 chairs you may continue to donate to this project for the next several weeks. Also remember that this donation is in addition to your regular donations to the building fund and general fund. *(Please make sure that you write "Chairs" or "New Chairs" in the memo section of your check or on the outside of your envelope.)*

- **August Calendars Are on the Narthex Table and on Our Website.**

Today's Epistle and Gospel Readings

Prokeimenon:

Wondrous is God in His saints, the God of Israel.

Bless God in the congregations.

†**Epistle: 1 Cor. 4:9–16 (RSV)**

Brethren, God has exhibited us Apostles as last of all, like men sentenced to death; because we have become a spectacle to the world, to angels and to men. We are fools for Christ's sake, but you are wise in Christ. We are weak, but you are strong. You are held in honor, but we in disrepute. To the present hour we hunger and thirst, we are ill clad and buffeted and homeless; and we labor, working with our own hands. When reviled, we bless; when persecuted, we endure; when slandered, we try to conciliate; we have become, and are now, as the refuse of the world, the off scouring of all things. I do not write this to make you ashamed, but to admonish you as my beloved children. For though you have countless guides in Christ, you do not have many fathers. For I became your father in Christ Jesus through the Gospel. I urge you, then, be imitators of me.

†**Gospel: Matt. 17:14–23 (RSV)**

At that time, a man came up to Jesus and kneeling before Him said, "Lord, have mercy on my son,

for he is an epileptic and he suffers terribly; for often he falls into the fire, and often into the water. And I brought him to Thy disciples, and they could not heal him." And Jesus answered, "O faithless and perverse generation, how long am I to be with you? How long am I to bear with you? Bring him here to me." And Jesus rebuked him, and the demon came out of him, and the boy was cured instantly. Then the disciples came to Jesus privately and said, "Why could we not cast it out?" Jesus said to them, "Because you have no faith. For truly, I say to you, if you have faith as a grain of mustard seed, you will say to this mountain, 'Move from here to there,' and it will move; and nothing will be impossible to you. This kind never comes out except by prayer and fasting." As they were traveling together through Galilee, Jesus said to them, "The Son of man is to be delivered into the hands of men, and they will kill Him, and He will rise on the third day."

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A Word from Our Fathers

“Do not be disturbed and do not fear sorrows. Sorrows and joys are closely connected to each other, so that joy brings sorrow, and sorrow—joy. To you this seems strange, but remember the words of the Savior: ‘Whenever a woman is in labor she has sorrow, because her hour has come; but when she gives birth to the child, she no longer remembers the anguish because of the joy that a child has been born into the world. (John 16:21)’ Day changes to night, night to day, foul weather to fine weather. Likewise sorrow and joy succeed each other.”

(St. Barsanuphius of Optina)

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