

Saintly Notes

St. Gregory Palamas, Archbishop of Thessalonica (2nd Sunday of Great Lent)

Gregory's father was an eminent official at the court of Emperor Andronicus II Palaeologus. The gifted Gregory, completing his secular studies, did not want to enter the service of the imperial court, but withdrew to the Holy Mountain and was tonsured a monk. He lived a life of asceticism in the Monastery of Vatopedi and the Great Lavra.

He led the struggle against the heretic Barlaam and finally defeated him. He was consecrated as Metropolitan of Thessalonica in the year 1347. He is glorified as an ascetic, a theologian, a hierarch and a miracle-worker.

The Most-holy Theotokos, St. John the Theologian, St. Demetrius, St. Anthony the Great, St. John Chrysostom and angels of God appeared to him at different times. He governed the Church in Thessalonica for thirteen years, of which he spent one year in slavery under the Saracens in Asia.

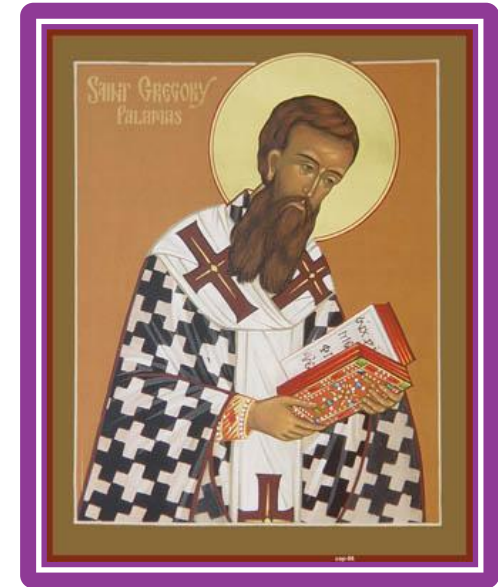
He entered peacefully into rest in the year 1360, and took up his habitation in the Kingdom of Christ. His relics repose in Thessalonica, where a beautiful church is dedicated to him.

(The Prologue from Ochrid, Birmingham, 1985, Lazarica Press)

Second Sunday of Great Lent

(Commemoration of Gregory Palamas, Archbishop of Thessalonica)

February 28, 2010



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All Saints Orthodox Church, Raleigh NC

(www.allsaintsnc.org)

919-859-1332

The V. Rev. Nicholas R. A. Sorensen, Archpriest

The Rev. Philip Pelikan, Priest

The Rev. David Keim, Deacon

February 28, 2010

The Saints Whom We Remember

Venerable Basil the Confessor, companion of Prokopios of Decapolis;
Hieromartyr Proterios, patriarch of Alexandria; Apostles Nympha and Euvoulos;
New-martyr Kyranna

This Week's Schedule

Today: 8:00a Orthros; 9:00a Church School; 10:00a Divine Liturgy
Monday: Church Office Closed;
Tuesday: 7:00p St. Thekla (Labrozzi Home)
Wednesday: 9:15a Third Hour Prayers; 6:30p Presanctified Liturgy; 8:00p
Lenten Soup Supper
Friday: 6:30p Akathist
Saturday: 5:30p Great Vespers
Sunday: 8:00a Orthros; 9:00a Church School; 10:00a Divine Liturgy

Third Antiphon

Troparion for the Resurrection
Tone 5

Let us believers praise and worship the Word; coeternal with the Father and the Spirit, born of the Virgin for our salvation. For He took pleasure in ascending the Cross in the flesh to suffer death; and to raise the dead by His glorious resurrection.

Little Entrance

† *Entrance Hymn:* "Come, let us worship . . . Alleluia."

† *Troparion for the Resurrection (Tone 5):* See above.

† *Troparion for St. Gregory Palamas (Tone 8):* O Star of Orthodoxy, support of the Church and its teacher, O comeliness of ascetics, and incontestable champion of those who speak in theology, Gregory the wonder-worker, the pride of Thessalonica and preacher of grace, implore thou constantly for the salvation of our souls.

† *Troparion for All Saints (Tone 4):* As with fine porphyry and royal purple Thy Church has been adorned with Thy *martyr's* blood shed throughout all the world. She cries to Thee, O Christ God, send down Thy bounties on Thy people,

grant peace to Thy habitation and great mercy to our souls.

† *Kontakion for the Annunciation and Great Lent (Tone 8):* To thee, our captain, Queen of war, the battle trophies won, thy people rescued by thine aid from peril, dedicate as our offering of thanksgiving, O Theotokos. As thou hast might which none by war can overcome from all forms of danger hast thou delivered me, that I may cry unto thee: O Virgin unwedded bride.

The Trisagion

Holy God, Holy Mighty, Holy Immortal, have mercy on us . . .

Scripture

for today and next Sunday

Today: (See insert)

Next Sunday:

Epistle: Heb. 4:14—5:6

Gospel: Mark 8:34—9:1

Alegalynarion

St. Basil Liturgy

In thee rejoiceth, O full of grace . . .

Communion Hymn

Tone 8

Praise the Lord . . . Alleluia.

Post-Communion Hymn

We have seen the true light . . .

Parish Notes

Altar Servers Today

Matthew Wynne, Del Dillard, Noah Keim, Micah Keim, Roger Jones.

Special Attention

- **Services in Great Lent.** During Great Lent there will be a weekly Liturgy of the Presanctified Gifts on Wednesdays and the weekly Akathist Hymn to the Theotokos on Fridays. Other special services will be announced as well as a full liturgical schedule for Holy Week. Please plan now to attend as many of these Lenten services as you are able.
- **Ground Breaking DVD's.** Copies are available on the Narthex table and can be purchased for \$20. All proceeds will be put in the building fund. If you cannot find a copy of the DVD, please talk to Fr. Nicholas.
- **Building Project Update.** On Monday this week we should see the concrete poured for the education wing. During the beginning days of March the steel frame and structure will arrive and our new building should begin to take shape. Please continue to pray for good weather and for the safety of the workmen.

Today's Epistle and Gospel Readings

Prokeimenon:

O Lord, Thou wilt preserve us and keep us from this generation.

Save me, O Lord, for the godly man hath disappeared.

†Epistle: Heb. 1:10—2:3 (RSV)

“In the beginning, Thou, O Lord, didst found the earth, and the heavens are the work of Thy hands; they will perish, but Thou remainest; they will all grow old like a garment, like a mantle Thou wilt roll them up, and they will be changed. But Thou art the same, and Thy years will never end.” But to what angel has He ever said, “Sit at My right hand, until I make Thine enemies a stool for thy feet”? Are they not all ministering spirits sent forth to serve, for the sake of those who are to obtain salvation? Therefore, we must pay closer attention to what we have heard, lest we drift away from it. For if the message, declared by angels, was valid and every transgression or disobedience received a just retribution, how shall we escape if we neglect such a great salvation? It was declared at first by the Lord, and it was attested to us by those who heard Him.

†Gospel: Mark 2:1–12 (RSV)

At that time, when Jesus returned to Capernaum after some days, it was reported that He was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and

He was preaching the Word to them. And they came, bringing to Jesus a paralytic carried by four men. And when they could not get near Jesus because of the crowd, they removed the roof above Him; and when they had made an opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, He said to the paralytic, “Son, your sins are forgiven.” Now, some of the scribes were sitting there, reasoning in their hearts, “Why does this man speak thus? It is blasphemy! Who can forgive sins but God alone?” And immediately Jesus, perceiving in His spirit that they thus reasoned within themselves, said to them, “Why do you reason thus in your hearts? Which is easier, to say to the paralytic, ‘Your sins are forgiven,’ or to say, ‘Rise, take up your pallet and walk’? But that you may know that the Son of Man has authority on earth to forgive sins” – He said to the paralytic – “I say to you, rise, take up your pallet and go home.” And he rose, and immediately took up the pallet and went out before them all. So that they were all amazed and glorified God, saying, “We never saw anything like this!”

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A Word from Our Fathers

“Through the fall our nature was stripped of divine illumination and resplendence. But the Logos of God had pity upon our disfigurement and in His compassion He took our nature upon Himself, and on Tabor He manifested it to His elect disciples clothed once again most brilliantly. He shows what we once were and what we shall become through Him in the age to come, if we choose to live our present life as far as possible in accordance with His ways.”

(St. Gregory Palamas)

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